

THE POSSE POST

Parkland Posse Minor Box Lacrosse Newsletter

December 2022

Welcome to the first Parkland Posse Post Newsletter. We intend to produce this as a regular communication to our families to help keep everyone up to date with details of what is going on within our association. Between this newsletter, our website, and social media, news about our association and events should be accessible to all.



Although the playing season is well over, the board of directors are busy at work, preparing for the upcoming season. We are essentially in the 'on-season' for planning meetings, AGM's and preparing for the spring.

Posse AGM

We held our Annual General Meeting in late October. Elections were held for several open board positions, and we are lucky to have two key roles filled which will provide for a positive experience for everyone come registration for the 2023 season. We are very pleased to welcome to the board:

- Registrar: Jacqueline Baranieski
- Scheduler: Warren Prince

We still have open positions to be filled including:

- U11 / U13 Director
- U15 / U17 Director
- Girls Director

If you are interested in filling one of these roles, please contact our President, Ray Shelton, at president@parklandposse.com or any other board member for information on the role, our board or any other questions you may have.

GELC AGM

The GELC AGM was held on December 4th and we are pleased to announce that our very own Matt Martel was elected as the Chair of the Discipline Sub-Committee. Matt has a tremendous amount of lacrosse knowledge and will do very well in that position.

Also discussed were upcoming fee increases from Lacrosse Canada which filter down to the Alberta Lacrosse Association, the GELC, and, subsequently, each individual club. Those fees are ultimately passed onto each individual player registration fee. Fees for 2023 will be posted when registration opens in the New Year – please anticipate an increase.

Division name change

For the upcoming season, there will be a name change for all age divisions. This is a province wide change mandated by the Alberta Lacrosse Association. It is a name change only and will not affect the birth years for the divisions.

Division names for 2023 will be as follows:

| New Name | Old Name | Birth Years for 2023 season |
|-----------------|-----------------|------------------------------------|
| U7 | 6U | 2017, 2018 (and 2019) |
| U9 | 8U | 2015, 2016 |
| U11 | 10U | 2013, 2014 |
| U13 | 12U | 2011, 2012 |
| U15 | 14U | 2009, 2010 |
| U17 | 16U | 2007, 2008 |
| Junior B | | 2006 - 2002 |

2023 Fees, Fundraising and Volunteer Commitment

As mentioned above, expect an increase in registration fees across all divisions when registration opens in early January 2023.

We have also decided to change the way volunteer 'Opt-out' fees are collected. In short, we will be charging the \$100 volunteer commitment fee upon registration. That \$100 fee will be refunded upon completion of the volunteer commitment. Please note that if you fulfill your commitment prior to the start of the 2023 registration you will be provided a promo code to eliminate that fee from your registration.

As part of our fundraising plan, we will also include a \$50 fee at the time of registration for a 50/50 draw. In return, each registered player will receive a booklet of 50/50 tickets to sell to recoup that amount. Some additional tickets will be available on a first come, first served basis with the family that sells the most tickets winning a free registration.

Winter Programming

We hosted two Drop in / Come Try It sessions in November with our last of this year on the calendar for December 18th. Look for more dates in January and February as we hit the floor almost every Sunday to offer opportunities for new players to experience lacrosse and experienced players to prepare for the new season. Additionally, we welcome any experienced coaches and those interested in becoming a coach to learn some drills and tips from experienced coaches.

Please consider attending and bringing a friend to try out the 'fastest game on two feet'. At the younger ages, we do our best to accommodate requests to play with friends so your young person can learn the game and compete alongside their "besties".

PLAYER SPOTLIGHTS



Aspen Huynh

Aspen played U10 Female for the 2022 season, coached by James, Kristan and Dwight. Aspen is an avid reader and a skilled pianist. During the winter Aspen plays ringette, hikes, and cross-country skis. Summer months consist of Aspen spending as much time outside as possible. Aspen has a younger brother who also plays lacrosse for Parkland Posse. Her favorite things about lacrosse are the body contact, running and shooting. She's looking forward to the new season and is hoping her ringette teammates will sign up to play!

Leighton McCulloch

Leighton played U7 (6U) in 2022 on the Scorpion Kings Team and was coached by Coach Catherine and Coach Noel. Leighton also plays hockey and loves going camping with his family and his dog, Harley. He has two older sisters, Kara, who is into all kinds of dance and Mya who plays hockey. Leighton's favorite thing about lacrosse is that he gets to have fun with his friends. He can't wait for the new season to get here!



2022 West Zone 16U-A



This team, made up of players from the Posse, Westlock Rock and West Edmonton Blues played in the inaugural season of the Wild Rose Lacrosse League in 2022 which consisted of an interlocking schedule with the 16U-A teams from Calgary, Red Deer, and Saskatoon. It was a great season, coached by Chris Simonson, who took the team to

Richmond B.C. to participate in the Richmond Roadrunners Tournament. The team did well, finishing in 2nd place in their division (Pictured). Congrats and good luck to players graduating to Junior lacrosse including Liam Elliott, Brody Stachniak, Eric Long, Finn White, Daelen Jones, Parker McConnell, Ethan Moreau, Chad Fedoruk, and Calix Simonson.